



...enabling young people to build
bright futures

The Kipper Project
ANNUAL REPORT 2010-11

CHAIR'S REPORT

At The Kipper Project we aim to focus on the whole person, helping them to transform their lives through lifeskills and other training. We work with our young people on housing, confidence coaching and many other skills that people from difficult backgrounds may lack, to give them a solid basis for their futures.

This year we have seen many of our young people really start building foundations for an independent future. 81% of them are engaged in some form of education, training or employment - you'll see from the stories in this report the excellent progress many of them have made, and the aspirations they have for the future.

As they develop, our young people gain the confidence to look beyond their immediate environment. Two recent events really illustrate this for me. The Kipper Project was lucky enough to be selected by a locally-based division of Barclays Retail & Business Banking as their fundraising project for this year – some of our young people spoke at the key fundraising event and we look forward to involving the division in our work in the future. And for sport enthusiasts and amateurs alike, a recent visit by World Champion athlete and world record breaker Steve Cram MBE proved a great inspiration. Steve talked about motivation and setting goals, and stressed how important it was to find something you're passionate about and really enjoy.

One of Steve's reflections on the world of athletics was that many of his colleagues were 'ordinary people doing something extraordinary' and I like to think that this is something we achieve at Kipper – helping people to overcome difficulties, believe in themselves and really achieve their potential.

The past year has been a hard one for many organisations, particularly in the charitable and voluntary sectors. During the year, the Trustees have overseen the introduction of some new staffing and service structures, which we believe will help us to maintain and develop the range of support we can offer our young people. We have managed to secure the organisation's financial situation during the year, and along with our young service users, we aim to approach an uncertain future with determination and confidence. Thanks to all in the past year who have helped us keep on track.

Kevin Ireland
Chair

Cover photo: Olympic champion Steve Cram MBE, sporting ambassador for Clydesdale Bank, speaking at a Kipper Project event



Service user Board Members with tenant



Enjoying independence in a Kipper project

FINDING MY PLACE IN THE WORLD

Kipper staff work to help our clients overcome difficulties that may stem from their early life or upbringing. This could be emotional neglect, abuse, or gaps in education – all resulting in lack of confidence. Keyworkers try to build up clients' confidence and belief in their abilities by working with them to develop their aspirations. They help clients build their lifeskills and ability to cope so they can move on to adulthood and independent living with confidence.

"I appreciate all the support and sign-posting that has been given to me...I can already see an improvement in my physical and mental health. Kipper has given me the opportunity to achieve positive things".

Saffron, Kipper Project client

Damon came to one of Kipper's projects following a family breakdown. His family had moved away from London and left him to fend for himself.

Damon was studying to become an electrician and needed to save up for the next stage of his NVQ qualification.

Keyworkers gave Damon study support and coached him in workskills such as CV writing and interview skills. They also worked with Damon to apply for funding through various charity funds.

Damon is now in employment and has secured the funding to start his NVQ3 in electrical skills. He continues to work with keyworkers to improve his reading, writing and computer skills.



Learning budgeting and cookery skills

BEING HEALTHY AND BUILDING STABLE NETWORKS

At The Kipper Project, young people are encouraged to learn more about health issues. This year we started a programme of regular cookery classes held at the Hanbury Centre, E1, where Kipper clients can learn about budgeting for food, cooking and healthy eating. Kipper staff also arrange regular talks by health experts on topics such as anti-smoking, sexual health and dealing with addictive behaviour.

“Moving into the Kipper Project has been a life-changing experience for me - it has helped me overcome my mental health problems. I have had great support from my key worker.”

Jenna left home and school when she was 16. She suffered from depression and anxiety and had started to isolate herself.

She was referred to The Kipper Project, where her support worker and mental health professionals worked with her to build up her confidence and life skills.

Jenna can now cope with day-to-day activities and has become more independent. Her social skills have improved tremendously and she now has regular contact with her family.

She is studying for an NVQ course with the Chartered Institute of Housing and is also volunteering for a charity. She is now ready to move on and has been referred for her own flat.

Charlie was homeless, suffering anxiety and lacked self-confidence. His family relationship had broken down and he was estranged from them. Once he had moved, his keyworker encouraged him to get involved in activities and a referral was made to a football club community scheme so he could pursue his interest in football coaching.

He is now studying to become a fitness instructor and is also looking for part-time employment. Charlie has improved self-confidence and motivation. He is ready to live independently and is receiving support with housing applications.

“It’s because I’ve watched how the project workers do it.” Kipper client on being complimented on their office & admin skills.

FINANCIAL INDEPENDENCE

One of the most important life skills for any young person to develop is financial responsibility. At The Kipper Project, keyworkers hold regular workshops and one-to-one sessions on budgeting, the financial aspects of having a tenancy and where necessary on dealing with arrears and debts.

Jamie was referred to Kipper by the Leaving Care Team for support with managing his finances and independent living. When he first arrived he quickly got into debt.

Keyworkers worked with Jamie to draw up a budget plan. Jamie is now getting back on track with his finances and is managing his payment plans. He undertook paid work experience during the summer holidays to help pay off his arrears.

Jamie is studying sports science and wants to pursue a career in sports. Whilst completing his studies he will use his budget plan to ensure he stays in control of his finances and avoids his previous debt situation.

Tanya was "sofa surfing" with various friends for 6 months after she was asked to leave the family home.

When she came to The Kipper Project, Tanya was studying business administration. Kipper's EET officer helped her to update her CV and do job searches, and she was able to get a summer holiday job. When she returned to college in September, she was kept on part-time in her job.

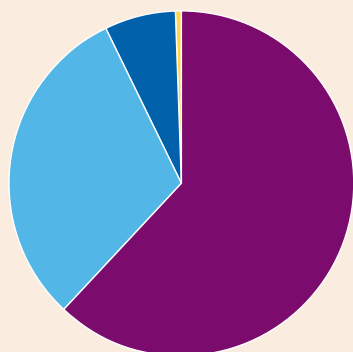
She has now been accepted at university to study business administration. Her relationship with her family has also greatly improved.

Tanya has now moved on to her own flat.



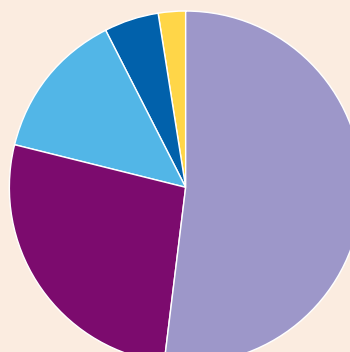
KIPPER FINANCIAL PERFORMANCE 1 APRIL 2010 - 31 MARCH 2011

Where the money came from (2010-11)



	%	£'000
Contract income	62%	393
Rent and service charges received from residents	31%	195
Grant received	6.5%	41
Other Income	0.5%	3
Total	100%	632

What the money was spent on (2010-11)



	%	£'000
The payroll cost of the people we employ	52%	330
Other direct charitable expenditure	27%	170
Retained for future use (surplus)	14%	85
Office and premises cost	5%	32
Governance and administration expenditure	2%	15
Total	100%	632

Balance Sheet

As at 31 March	2011 £'000	2010 £'000
Net cost of fixed assets	7	10
Amount owed to us	24	22
What we had in the bank or invested	310	210
Amount owed by us to others	(95)	(80)
Funds available to use	245	162

The Directors/Trustees confirm that the summarised financial statements are taken from the full set of financial statements comprising the Trustees' Report and Accounts for the year ended 31 March 2011. The summarised financial statements may not contain sufficient information to allow a full understanding of the financial affairs of the Association. For further information the Trustees' Report and Accounts should be consulted. A copy of this document, upon which the auditors have reported without qualification, has been delivered to the Charity Commission is available on request from the Kipper Project's offices.

INDEPENDENT AUDITORS' STATEMENT TO THE MEMBERS OF THE KIPPER PROJECT

We have examined the summary financial statement for the year ended 31 March 2011.

This statement is made solely to the company's members, as a body, in accordance with Section 427 of the Companies Act 2006. Our work has been undertaken so that we might state to the company's members those matters we are required to state to them in such a statement and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our work, for this statement, or for the opinions we have formed.

Respective responsibilities of the directors and the auditor

The Directors are responsible for preparing the summary financial statement in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency

of the summary financial statement with the full annual financial statements, and its compliance with the relevant requirements of section 427 of the Companies Act 2006 and the regulations made thereunder.

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board. Our report on the company's full annual financial statements describes the basis of our opinion on those financial statements.

Opinion

In our opinion the summary financial statement is consistent with the full annual financial statements of The Kipper Project for the year ended 31 March 2011 and complies with the applicable requirements of section 427 of the Companies Act 2006, and the regulations made thereunder.

PKF (UK) LLP

Statutory auditor
London, UK
25 August 2011

DIRECTORS' STATEMENT

The auditor has issued unqualified reports on the full financial statements and on the consistency of the directors' report with those financial statements. Their report on the full annual financial statements contained no statement under sections 498(2)(a), 498(2)(b) or 498(3) of the Companies Act 2006.

WHAT IS THE KIPPER PROJECT

The Kipper Project works with homeless young people aged 16-24, supporting them to overcome difficult circumstances and to gain independent living skills.

Many of them may have come from disrupted family backgrounds or from the care system and will lack the support, knowledge and skills to cope on their own. They may also need support with issues such as learning and education skills, training and budgeting.

Kipper provides supported housing for up to 75 young people each year. Keyworkers also offer 'floating support' to non-residents. All Kipper clients are encouraged to develop employment skills and qualifications, either through volunteering or through paid work. Kipper clients are also supported through health or emotional difficulties, including mental health or dependency issues, and where necessary with dealing with youth offending issues.

Kipper is a subsidiary of Providence Row Housing Association, which provides a wide range of support and services to people in East London. PRHA and Kipper both work with people experiencing hard times, helping them get back on their feet and enabling them to realise their potential. Kipper clients generally move on to independent accommodation up to two years after joining The Kipper Project.

In 2011, Providence Row Housing Association produced 'Working Together', a summary of performance against targets for management of PRHA properties. This includes The Kipper Project's accommodation at Fidelis House.

To see a copy of 'Working Together', please email us - info@prha.net - or visit our website, www.prha.net.

Management Committee

Kevin Ireland
Chair

Harmit Kambo

Patricia Coulson

Khalid Alsidieg
(joined 28 October 2010)

Shara Ismael

Richard Smith
(retired 10th March 2011)

Steve Mendel
(joined 10th March 2011)

Company Secretary

Fiona Humphrey

Funders & Contributors

- Capital Community Foundation
(Capital Commitment Small Grants Fund)
- City Bridge Trust
- Deutsche Bank
- John Lewis Partnership
- London Borough of Redbridge Youth Service
- Redbridge Connexions
- London Borough of Tower Hamlets

Partners & Stakeholders

- Gateway Housing Association
- Circle Anglia
- The One Housing Group
- Redbridge Connexions
- Ifformation
- Lifeline
- London Probation Service
- Docklands Outreach

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**THE
KIPPER
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Registered Charity No, 1058149 Registered Company No. 3208902
The Kipper Project, a registered charity, is incorporated with Providence
Row Housing Association, a Charitable Housing Association.